

ANNE COURTNEY OLIVO

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QUALIFICATIONS

- Certified Music Practitioner (Vocals) by the MHTP (Music for Healing and Transition Program), which is accredited by the National Standards Board for Therapeutic Musicians. (<http://www.mhtp.org>)
- Successfully completed a training program that included 85 hours of classroom time coupled with a practicum of direct bedside musical work with approximately 100 patients.
- Seasoned professional vocalist with over 30 years' experience as a soloist, cantor, choir member, and performer in musical theater, concerts, and singing groups.

THE CERTIFIED MUSIC PRACTITIONER (CMP)

- A therapeutic musician who provides one-on-one palliative care to people who are recuperating, ill, undergoing treatment, or dying in hospitals, hospices, nursing facilities and homes, and other clinical settings.
- Provides live therapeutic music that meets the patient's needs in the moment, creating a nurturing environment that facilitates healing.
- Has met strict and specific competencies for certification, works within the CMP Scope of Practice, and adheres to the MHTP Code of Ethics and Conduct.

BENEFITS OF LIVE THERAPEUTIC MUSIC

- Reduces blood pressure
- Stabilizes heart rate
- Relieves anxiety and stress
- Reduces need for anesthesia, pain relievers
- Increases endorphin levels
- Boosts the immune system
- Positively impacts respiration
- Decreases muscular tension
- Improves body movement and coordination
- Accelerates surgical recovery, physical healing
- Fosters a sense of safety and well-being
- Provides distraction from pain and discomfort
- Induces mental imaging
- Elicits emotional catharsis
- Sharpens mental focus
- Slows down and equalizes brain waves
- Provides companionship

RELEVANT PROFESSIONAL EXPERIENCE

HIPPA guidelines preclude listing individual clients. Here is a list of locations instead.

- Bay Square Senior Living (Yarmouth)
- Cardigan Lodge Assisted Living (Topsham)
- CHANS Home Health & Hospice (Brunswick)
- Dionne Commons Assisted Living (Brunswick)
- Governor King Community (Topsham)
- Hill House Assisted Living (Bath)
- Horizons Living and Rehab (Brunswick)
- Mid Coast Hospital (Brunswick)
- Mid Coast Infusion Center (Brunswick)
- Mid Coast Senior Health Center (Brunswick)